



# "I Am Brave"

## Lesson Five

### Lesson Overview

Main Point – I Am Brave

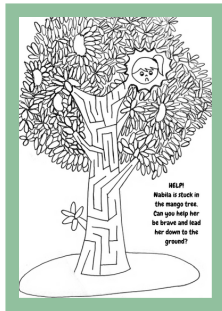
Craft – Mango Tree Maze

Song – Way up High in an Apple Tree

### Note to the Teacher

Before presenting this lesson, we encourage you to read through the lesson plan first so that you know the story well. This will help you present the story to the students in a way that they will understand.

### Craft



#### Materials

- pre-made coloring sheet
- pencil
- coloring materials

### Vocabulary

mango	scared
climb	tall
brave	short
up	top
down	bottom

# Lesson Outline

## Read the Story

**Help the children retell the story in their own words.**

- What happened first?
- What happened next?
- What did God do on the last day?

**For younger students...**

**Discuss the story with the students.**

- What kind of fruit did Nabila want to pick from the top of the tree?
- Why was Nabila scared?
- What did Nabil do to help Nabila?

**For older students...**

**Discuss the story with the students.**

- Why was Nabila afraid to come down from the tree?
- What did Nabil do to help Nabila?
- What are some ways that you can be brave?

**Do the craft with the students.**

# Story

One day, our friends, Nabil and Nabila were playing in the jungle behind their house. With them were their friends Ani and Dimas. It was sunny and warm outside, and the kids were having a lot of fun playing. Then they became hungry.

"Look!" Nabila shouted, pointing at a mango tree. "I have an idea! I'll climb up the tree and get us each a mango."

Nabila was really good at climbing trees, but this particular tree was extra tall and the mangos were at the very top. She felt nervous to climb the tree, but Nabila was brave and she climbed all the way up to the top. She picked four mangos and dropped them down to her friends.

Then she looked down at her friends and the ground was so far away! Nabila became very scared. "I can't climb down!" She yelled, "I'm too high!" Nabila was frozen with fear and couldn't move!

"Just climb down!" Ani shouted.

"Yea! You can do it," encouraged Dimas!

"No, I can't! It's too far!" Nabila wailed. She was so frightened that she wanted to cry.

Nabil knew that he had to help his friend, and so he ran to the tree and scampered up.

"Nabil, what are you doing?" Nabila asked in surprise.

"I'm trying to help you!" he said, "I'll go down first and then you can follow my path."

"But, Nabil, I'm so scared!"

"Don't be scared," he said gently. "Just be brave."

Nabila took a deep breath and decided to be brave even though she was scared.

"Are you ready?" Nabil asked his friend.

Nabila nodded and they began their journey down the tree. Nabil went first and Nabila followed stepping carefully. Eventually, they both made their way back down to the ground safely.

"You did it, Nabila!" her friends cheerfully encouraged her, "We knew you were brave!"

Nabila felt much better and was very thankful to have a friend like Nabil who showed her how to be brave. Then, all of the friends sat in a circle under the shade of the mango tree and ate their delicious snack.

# Craft Instructions

**In this lesson we learned about being Brave! You can use this craft with the students to help them remember the lesson that they learned today!**

## Materials

- pre-made coloring sheet
- crayons, markers, pastels

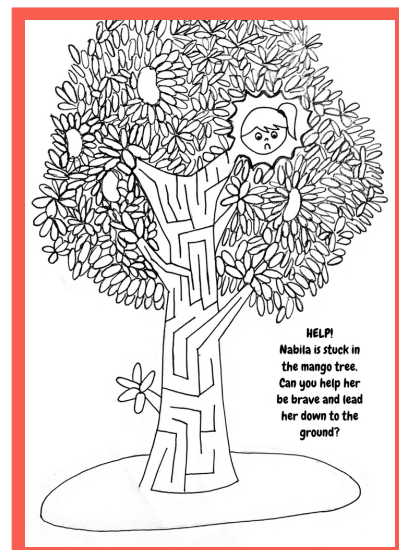
## Instructions

**Step 1** – Hand out the coloring sheet.

**Step 2** – Explain to the students that Nabila is stuck at the top of the tree and needs help getting down. Have the students start at the top of the maze and try to find the way out.

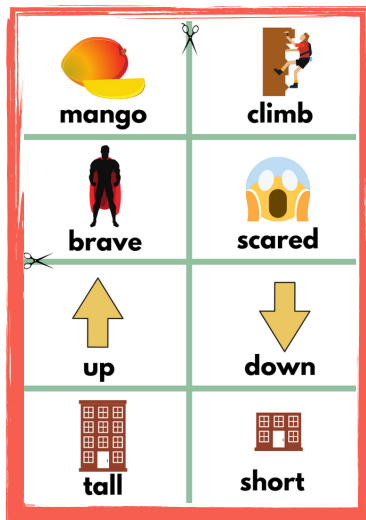
**Step 3** – When the students have finished the maze, allow them to color the coloring sheet.

**Step 4** – You can have the children bring their coloring sheet home to help them remember the story they learned today!



# Vocabulary Practice

## Flash Cards

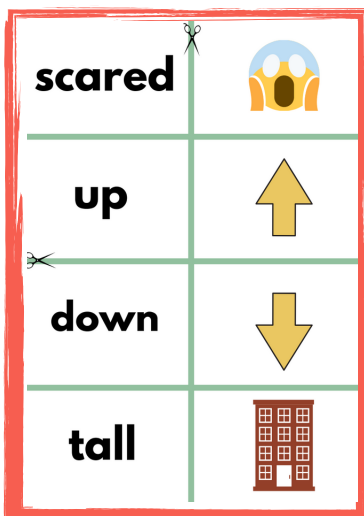


Step 1- Cut out each card along the green lines.

Step 2- Use the flash cards to teach the students the English word for each picture.

Step 3- Optional: Punch a hole in the top left corner of each card. Put them on a ring and have the students practice flipping through the cards while reading each word.

## Matching Game



Step 1- Cut out each card along the green lines.

Step 2- Teach the children the English words by connecting them with the corresponding picture. (If you need help matching them, look at the flash cards.)

Step 3- Matching Game: Spread out the cards face-up on a flat surface. Make sure that they are mixed up. Have the children pick up a word or picture card and match it with the corresponding word or picture.

★ Look at the following page for more ideas to use the flashcards.

# Song Lyrics

## Way Up High in an Apple Tree

Way up high in an apple tree five red apples smiled down at me  
I shook that tree as hard as I could  
down came an apple mmm it was good  
Way up high in that apple tree four red apples smiled down at me

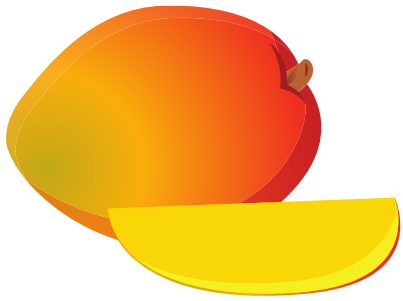
Way up high in that apple tree, four red apples smiled down at me,  
I shook that tree as hard as I could  
down came an apple, mmm it was good  
sway up high in that apple tree three red apples smiled down at me

Way up high in that apple tree, three red apples smiled down at me,  
I shook that tree as hard as I could  
down came an apple, mmm it was good  
way up high in that apple tree two red apples smiled down at me

Way up high in that apple tree, two red apples smiled down at me,  
I shook that tree as hard as I could  
down came an apple, mmm it was good  
way up high in that apple tree one red apples smiled down at me

Way up high in that apple tree, one red apple smiled down at me,  
I shook that tree as hard as I could  
down came an apple, mmm it was good  
way up high in that apple tree no red apples smiled down at me

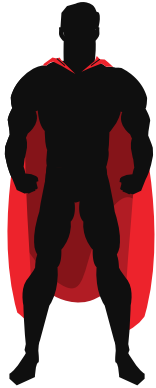
Way up high in that apple tree, no more apples smiled down at me,  
I shook that tree as hard as I could  
down came no apples, they're gone for good  
way up high in that apple tree no more apples left for me



**mango**



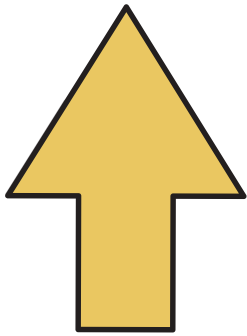
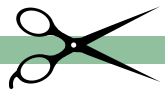
**climb**



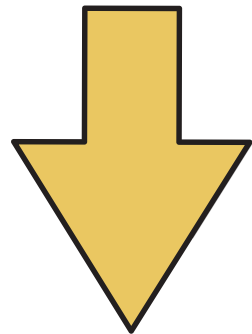
**brave**



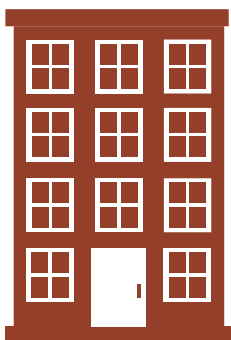
**scared**



**up**



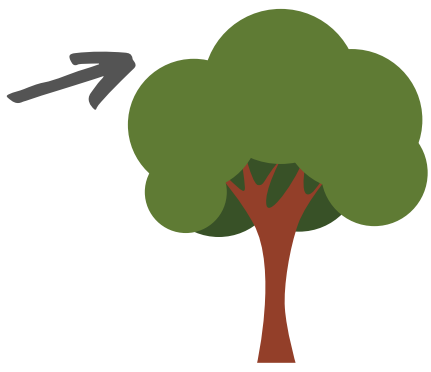
**down**



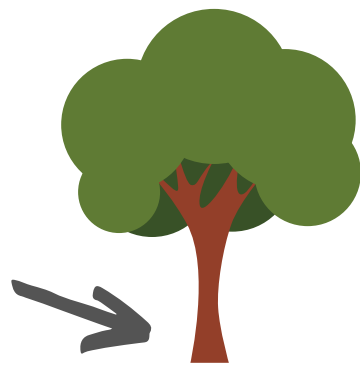
**tall**



**short**

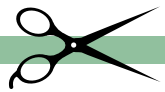
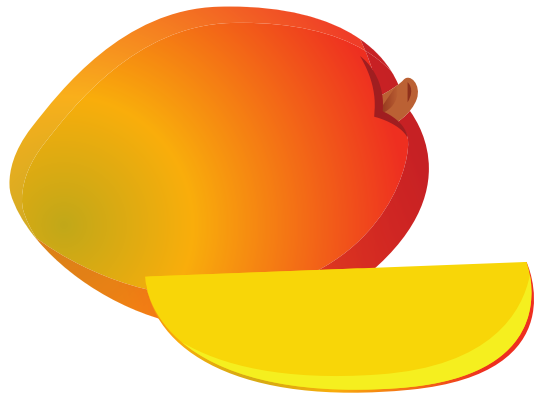


**top**



**bottom**

**mango**



**climb**



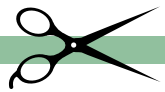
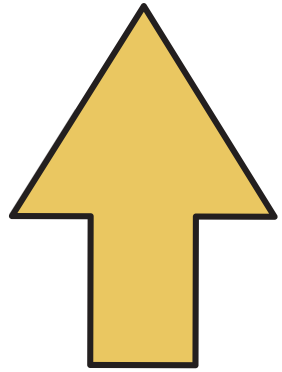
**brave**



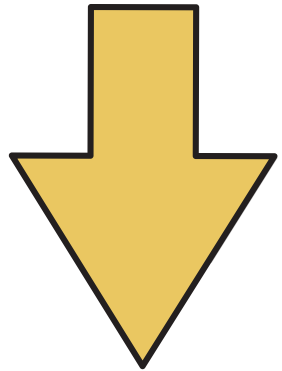
**scared**



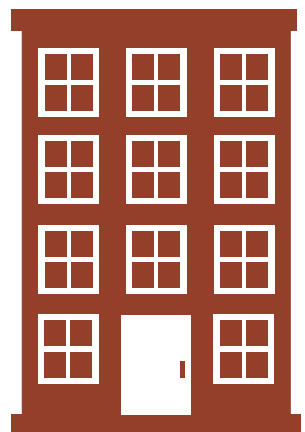
**up**

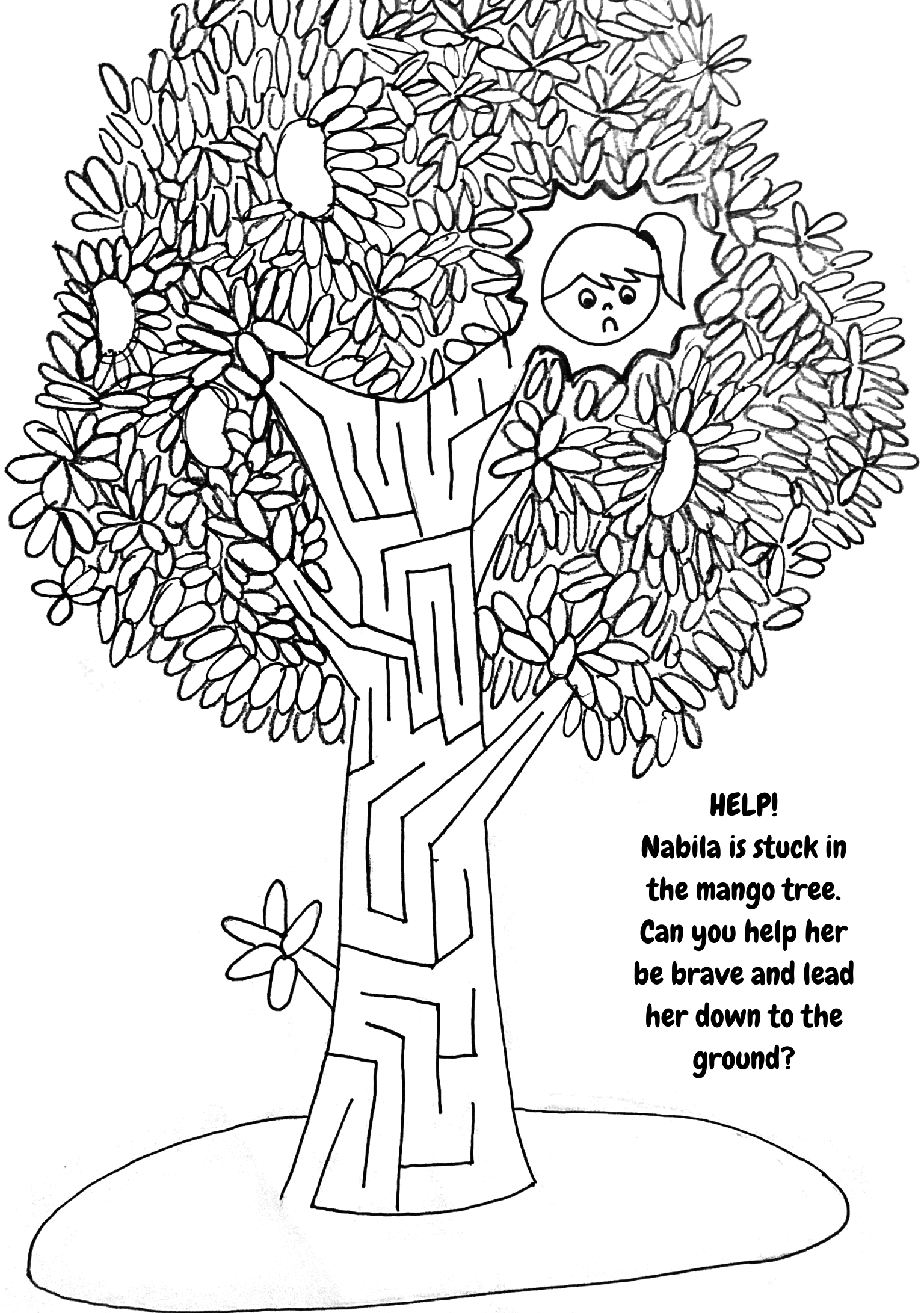


**down**



**tall**





**HELP!**

**Nabila is stuck in  
the mango tree.  
Can you help her  
be brave and lead  
her down to the  
ground?**